



NEW JERSEY DEPARTMENT
OF CHILDREN AND FAMILIES

New Jersey Department of Children and Families Policy Manual

Manual:	CP&P	Child Protection and Permanency	Effective Date: 8-1- 1979
Volume:	V	Health	
Chapter:	A	Health Services	Revised Date: 8-28- 2019
Subchapter:	1	Health Services	
Issuance:	100	Overview of Medical Care of Children Receiving Services from CP&P	

Purpose:

This issuance establishes policy and procedure related to health services that are provided to maintain or bring individuals to an optimum state of health.

Authority:

- N.J.S.A. 30:4C-27
- N.J.A.C. 3A:15-2.5

Policy:

A) Goals

Health services are provided to:

- Assist the child or family member to stay well by connecting him or her to a system of comprehensive, continuous, personalized, and readily available health services;
- Help the child or family member obtain preventive medical care, which protects from illness, physical damage, or handicapping condition;
- Monitor proper medical treatment for the child suffering from physical, mental, or emotional illness;

- Help the chronically ill, disabled, or handicapped child to be rehabilitated; and
- Promote overall health and well-being.

B) Objectives

The objectives of health services are to:

- Evaluate the physical, mental, and emotional development of each child coming under agency supervision;
- Identify children with chronic or disabling conditions, physical handicaps, mental or emotional problems, including substance use disorders and venereal diseases;
- Establish a health care case management record for children in out-of-home placement;
- Assist parents and other caregivers in understanding and carrying out appropriate medical services for each child;
- Encourage timely medical examinations for each child;
- Supervise a program of medical care which will meet the specific needs of the child;
- Help adults receive medical care necessary for them to function as parents; and
- Help pregnant minors to obtain medical care.

C) Responsibility for Medical Care of Children Under CP&P Supervision

CP&P's responsibility to meet the health care needs of the children under supervision is determined by the child's legal status in relation to the agency, including whether or not the child is in placement.

Key Terms (Definitions):

The following definitions are used for terms throughout the Health Services Manual, CP&P Manual V.

- Annual Physical Health Exam: A health exam conducted by a child's health care professional and which includes the services set forth in the EPSDT program.
- Child Health Unit (CHU): A unit seated within a CP&P Local Office, staffed with nurses and administrative support personnel, responsible for ensuring the delivery of coordinated health care for children in out-of-home placement.
- Comprehensive Medical Examination (CME): An examination, conducted by an appropriate health care professional, occurring within 30 days of an initial out-of-home placement, which complies with EPSDT standards and also includes a mental health screening.
- Early and Periodic Screening and Diagnostic Treatment (EPSDT): Medicaid's comprehensive and preventive child health services for individuals under the age of 21. EPSDT services include:
 - 1) Performing a physical examination which includes vision and hearing screening, dental inspection, and nutritional assessment;
 - 2) Administering age-appropriate immunizations;
 - 3) Performing a developmental assessment;
 - 4) Blood lead testing between the ages of 6 months to 6 years;
 - 5) Laboratory and other diagnostic tests;
 - 6) Age-appropriate anticipatory guidance; and
 - 7) Referral for further diagnosis and treatment or follow-up of all abnormalities, including vision, hearing, and dental, which are treatable or correctable or require maintenance therapy.

- EPSDT Periodicity Schedule: Medicaid's recommended time frames for when a child is to receive EPSDT services.
- Medicaid: A state and federally supported medical assistance program designed to make payments to participating providers for qualifying medical services, supplies, equipment, and medicines rendered to eligible individuals.
- Medicaid Managed Care (MCO) or HMO: A health plan which manages a Medicaid recipient's health care and offers special services in addition to the benefits to which Medicaid recipients are entitled. Health plans are also able to provide a comprehensive package of preventive health services, that, combined with the full range of Medicaid benefits, allows for the best health care possible. "Fee for service" means it is a benefit not covered by the health plan or HMO.
- Medical Home: Primary health care that is accessible, continuous, comprehensive, family-centered, coordinated, compassionate, and culturally effective. The primary health care professional coordinates the patient's care, including providing connections to supports and services to meet the non-medical and medical needs of the child and his or her parents.
<http://www.medicalhomeinfo.org/>.

Oral Examination: A comprehensive and thorough inspection of the mouth to include: diagnosis; an oral cancer screening; charting of all abnormalities; anticipatory guidance concerning dental health to the patient, parent, or substitute caregiver; assessment of systemic or topical fluoride needs; and development and recording of a complete treatment plan, including provisions for further treatment and follow-up. All children in out-of-home placement are assessed for a dental home as early as one year of age and receive oral examinations by a dental professional at least semi-annually. Oral health instructions (OHI) and education on dental disease and prevention is provided to parents, guardians, or caregivers. OHI to children can begin at age two.

- Pre-placement Assessment: General health assessment provided to a child upon out-of-home placement. The purposes of the assessment are to evaluate, document, and address the child's immediate health needs and to ensure that he or she is free from contagion. See [CP&P-V-A-1-130](#).
- Regional Diagnostic and Treatment Center (RDTC): Regional centers legislatively created to evaluate and treat child abuse and neglect. The centers

also provide training services to professionals in various fields related to child and family health and well-being, consultative services, and emergency telephone consultation. They are a source of research and training for medical and mental health personnel dedicated to the identification and treatment of child abuse and neglect.

- Re-placement Assessment: A health assessment which may occur when a child moves from one out-of-home placement to another.
- Rutgers-FXBC (Francois Xavier Bagnoud Center): The agency responsible for providing nurses and administrative support staff for the Child Health Units in each CP&P Local Office and the Child and Family Nurse Program.
- Well Child Visit: A "checkup" for a healthy child, during which the child's doctor provides preventative care.

Policy History:

- 2-21-2012
- 1-31-2011
- 8-1-1979